



Family Wellbeing

10272NAT

Certificate II in Family Wellbeing

All information correct as of Apr 2020

ABOUT THE COURSE

The Certificate II in Family Wellbeing is a program that addresses the physical, mental, emotional and spiritual issues that impact on an individual's wellbeing, family unity and community harmony.

The aim of the Certificate II in Family Wellbeing is to address unresolved personal and community issues, which can impact on individuals and families throughout their lives. These can manifest in grief and trauma, suicide and other forms of self-harm, identity issues, use of alcohol and other drug problems, family violence and over representation of Aboriginal and Torres Strait Islander peoples in the justice system.

JOB ROLES

The Certificate II in Family Wellbeing is not linked to a specific vocational outcome.

It provides learners with the skills and knowledge to:

- › Take ownership of and address their personal issues
- › Seek relevant support and assistance
- › Develop the self-confidence to enter vocational training, employment or further education.

PATHWAYS FROM THIS QUALIFICATION

This qualification may provide an appropriate pathway into higher-level qualifications, such as those in aged care, childcare, youth work, disability and home and community care, or administrative positions. This qualification may be used as a pathway for workforce entry as community services workers who provide a first point of contact and assist individuals in meeting their immediate needs. The qualification occupational titles this certificate may lead to entry level positions in Community Service sectors including childcare, aged care, youth work, disability services, home and community care or administrative positions.

GENERAL EDUCATION OUTCOMES

The Certificate II in Family Wellbeing is intended to provide participants with the following general education outcomes:

- › The ability to take a holistic approach to meeting basic needs (physical, emotional, mental and spiritual)
- › The ability to self-reflect and think critically about problems
- › The ability to set goals
- › Communication skills
- › Relationship-building skills
- › Conflict resolution skills

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- Knowledge of the process of grief and loss
- Knowledge of family violence issues.

COMMUNITY OUTCOMES

Through completion of this course, participants will develop skills and knowledge allowing them to contribute to community outcomes including:

Combating issues such as suicide, violence and child abuse
 Providing role models for other community members
 De-stigmatising the use of support services and resources
 Empowering people within the community to take action to solve their own problems.

COURSE REQUIREMENTS

There are no entry requirements for this course.

COURSE LOCATION, DURATION AND MODE OF STUDY

Locations: Batchelor Campus, Desert People's Centre Campus, Central Australian communities

Duration: 6 months part time study

Mode: Workshop (on campus), Workshop (on community)

Workshops: This course includes approx. 5 x 2 or 3 week workshops

COURSE FEES

Students who are Northern Territory (NT) residents **and** wish to enrol in a course that is subsidised by the Northern Territory and/or Commonwealth Government **and** who are enrolled in a course AQF level II and below, will not be charged course fees.

More information regarding course fees can be found on the Batchelor Institute website
<https://www.batchelor.edu.au/students/fees/>

MATERIALS AND EQUIPMENT

The learner must provide the following materials and equipment:

- Basic stationery—paper, pencil, pen

COURSE REQUIREMENTS

10 Units are required

Core Units (8 required)

Unit Code	Unit Title	Nominal Hours
ESDCOM201	Communicate effectively	30
FWBUSI201	Understanding self and improving personal interactions	30
FWBCGL201	Coping with grief and loss	30
FWBMEM201	Managing emotions	30
FWBACB201	Addressing challenging behaviour	30
FWBUPH201	Understanding and recognising psychological health	30
FWBIPW201	Integrating principles of wellbeing	30
FWBMST201	Managing stress	10

Elective Units (2 units required)

Unit Code	Unit Title	Nominal Hours
CAADP	Investigate a healthy lifestyle	50
FWBACG201	Accessing community and government support services	10

General information

BACHELOR INSTITUTE ENTRY REQUIREMENTS

Literacy and Numeracy

When you enrol in a course at Batchelor Institute, you should be able to speak, read and write in English at the level required for the course you are undertaking. If you need help to improve your literacy and numeracy skills, there are specific courses and other assistance available.

Minimum age for students

Students must meet the minimum age requirement to be able to enrol with Batchelor Institute. The minimum age will depend on several factors.

Where:

- ▶ Training is delivered in a regional or remote community, and the student no longer engages and/or participates in secondary schooling, the student must be 15 years or older at the time training commences
- ▶ Training is delivered on the Batchelor Campus or Desert People Centre Campus, and where the student attends training during the day, but are not accommodated overnight, the student must be 17 years or older at the time training commences; or
- ▶ Training is delivered in any location, and the student requires to be travelled by Batchelor Institute to a training delivery location, the student must be 18 years or older at the time training commences.

ABSTUDY

You will need to apply to ABSTUDY once you have enrolled at Batchelor Institute so your travel can be arranged (if travel is applicable). To do this you will need to obtain a VET Enrolment and Fees Invoice from the Institute and then take it to your nearest Centrelink Office, to complete an ABSTUDY application.

STUDENT TRAVEL

If you have to live away from home while you are attending a workshop, your travel, accommodation and meals will be organised and paid for, by Batchelor Institute, if you are in receipt of ABSTUDY and are enrolled in a course subsidised by the NT Government.

RECOGNISING YOUR KNOWLEDGE

Batchelor Institute recognises the importance of skills and knowledge that you may already have. You may have gained these through other work or study you have done or through life experience.

Recognition of Prior Learning (RPL) is a process that tries to match these skills and knowledge to the outcomes of your course to assess whether you have achieved the required learning outcomes. If you think you are eligible for RPL, contact us for more information.

Batchelor Institute also recognises qualifications and statements of attainments gained from any other Australian Registered Training Organisation, where nationally accredited training has been undertaken. This form of recognition may include Credit Transfers.

EDUCATIONAL AND STUDENT SUPPORT

Students who have been identified as needing extra support services besides those already identified will have the extra support identified within their individual training plan and the support services will be arranged accordingly.

Student Support

Freecall: 1800 677 095 | Email: student.support@batchelor.edu.au

TIMETABLES

Timetables for students attending workshops at the Batchelor or Desert Peoples Centre Campuses can be found here: <https://www.batchelor.edu.au/students/timetables/>

OTHER COURSES

Batchelor Institute offers many VET courses across a range of different disciplines. You can study courses relating to community services, construction, health, business, education, resource and infrastructure and creative arts.

To get more information about Batchelor Institute and the courses we offer, go to:

<https://www.batchelor.edu.au/students/courses/vet-courses/>

FOR MORE INFORMATION

Please visit: <https://training.gov.au/Training/Details/10272NAT>